3000 Metres Steeplechase WOMEN

START LIST

	RESULT	NAME	NAT	AGE	DATE	VENUE
WR	9:01.59	Gulnara SAMITOVA	RUS	25	4 Jul 2004	Iráklio
CR	9:21.80	Docus INZIKURU	UGA	23	9 Sep 2005	Monaco
WL	9:17.15	Wioletta JANOWSKA	POL	29	3 Jul 2006	Athína

9 September 2006 15:15

START	BIB	NAME	NAT	YEAR	PERSONAL BEST	2006 BEST
1	75	**Jeruto KIPTUM**	KEN	81	**9:23.35**	9:23.35
2	69	**Salome CHEPCHUMBA**	KEN	82	**9:26.07**	9:26.07
3	91	**Cristina CASANDRA**	ROM	77	**9:31.96**	9:38.82
4	5	**Victoria MITCHELL**	AUS	82	**9:30.84**	9:30.84
5	58	**Roisin MCGETTIGAN**	IRL	80	**9:32.04**	9:32.04
6	99	**Lyubov IVANOVA**	RUS	81	**9:21.37** i	9:21.94
7	135	**Carrie MESSNER**	USA	77	**9:39.68**	9:41.55
8	15	**Alesia TURAVA**	BLR	79	**9:16.51**	9:20.16
9	85	**Wioletta JANOWSKA**	POL	77	**9:17.15**	9:17.15
10	74	**Gladys Jerotich KIPKEMOI**	KEN	86	**9:32.68**	9:32.68

WORLD ALL-TIME

RESULT	NAME	NAT	DATE
9:01.59	**Gulnara SAMITOVA**	RUS	4 Jul 04
9:15.04	**Docus INZIKURU**	UGA	14 Jun 05
9:16.51	**Alesia TURAVA**	BLR	27 Jul 02
9:17.15	**Wioletta JANOWSKA**	POL	3 Jul 06
9:20.49	**Yekaterina VOLKOVA**	RUS	8 Aug 05
9:21.94	**Lyubov IVANOVA**	RUS	3 Jul 06
9:22.29	**Justyna BAK**	POL	5 Jun 02
9:22.96	**Tatyana PETROVA**	RUS	3 Jul 06
9:23.35	**Jeruto KIPTUM**	KEN	27 Aug 06
9:24.29	**Melissa ROLLISON**	AUS	22 Mar 06

WORLD TOP 2006

RESULT	NAME	NAT	DATE
9:17.15	**Wioletta JANOWSKA**	POL	3 Jul
9:19.51	**Docus INZIKURU**	UGA	22 Mar
9:20.16	**Alesia TURAVA**	BLR	20 Aug
9:21.94	**Lyubov IVANOVA**	RUS	3 Jul
9:22.96	**Tatyana PETROVA**	RUS	3 Jul
9:23.35	**Jeruto KIPTUM**	KEN	27 Aug
9:24.29	**Melissa ROLLISON**	AUS	22 Mar
9:25.05	**Donna MACFARLANE**	AUS	22 Mar
9:26.07	**Salome CHEPCHUMBA**	KEN	27 Aug
9:27.35	**Yelena SIDORCHENKOVA**	RUS	12 Jun

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Timing and Measurement by SEIKO
Data processing by EPSON
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